

PRIME TIMERS NEWS:

Mini-Winter Edition -February, 2021



PRESIDENT'S MESSAGE:

As I write this message, 2021 is here and the Centennial Celebration of the APTA has begun. The year is off to a great start with a live social media event on Founders Day, January 15th. There was a ribbon cutting ceremony at the new APTA Centennial Center. If you didn't see the virtual Founders Day Event, you

missed a wonderful display of physical therapy achievements over the years; a glimpse inside of our new headquarters; tribute comments from practitioners across the country; and the initiation of an interactive pictorial portrait mosaic wall created from the submissions of practitioner members. As of this writing you can still access the recording of the event on the APTA website using your computer or phone. Thanks to Venita Lovelace Chandler a pictorial collage of some highlights from Founders Day and following events appear in this newsletter.

Following Founders Day, on January 16th, the 51st McMillian lecture on The Value of Mentoring and Leadership was presented by Stuart Binder-Macleod, PT, PhD, FAPTA. It was followed by a discussion period. As per tradition, the presentation carried a challenge to practitioners for shaping the future of the profession. It too is still available for viewing through March.

(Message continued on page 2)

Pictured: Neva Greenwald, President

PT PRIME TIMERS

About APTA

CSM has started and will continue for the month of February. You can still register. Many sessions are on-demand. [Link here for information.](#)

[CSM Rates and Registration | APTA](#)

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On January 17, a presentation on meeting Challenges and Responding to New Opportunities for Physical Therapy Research was given by Allison Cernich, PhD deputy director the Eunice Kennedy Shriver National Institute of Child Health and Human Development. She discussed the ongoing response to COVID and the factors which are impacting research and results. This presentation is also available thru March

While we were hoping for a return to normalcy with an in person CSM in Orlando, that will not happen. However, the APTA Officers and Staff have done a magnificent job of keeping us all connected via telecommunications. The virtual events in 2020 at the HOD and NEXT meetings were a success and the ones planned for CSM are even better. There are opportunities for participating in real time live virtual continuing education presentations; viewing digital poster presentation with some auditory commentary and some interactive chats. The usual component events are also scheduled. The whole month of February is one huge CSM event.

Of course we don't know what else the future will hold, but our positive attitude on new ideas and ways of accomplishing our goals will move us forward to greater accomplishments in helping our patients to live fuller lives.

Hope to see you participating in the virtual CSM beginning this week.

Neva

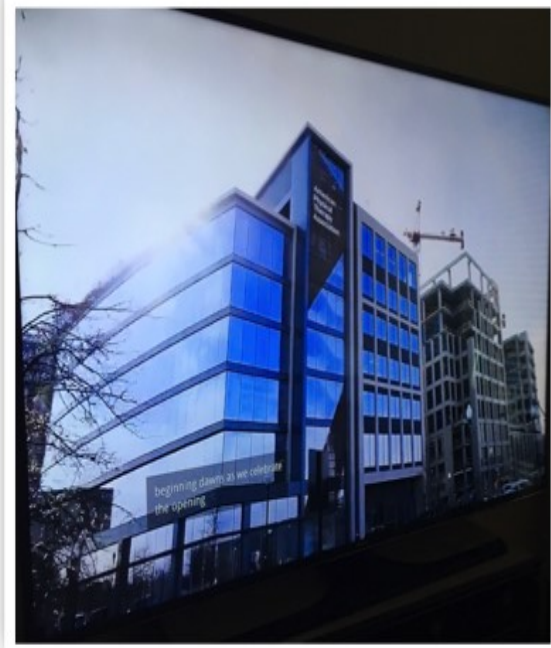
51st Mary McMillan Lecture

The 51st Mary McMillan lecture by Stuart Binder-Macleod, PT, PhD, FAPTA was presented on Founder's Day on January 16. Registration to CSM gets you to the link for the lecture which will be available online through March. To register:

[CSM Rates and Registration | APTA](#)

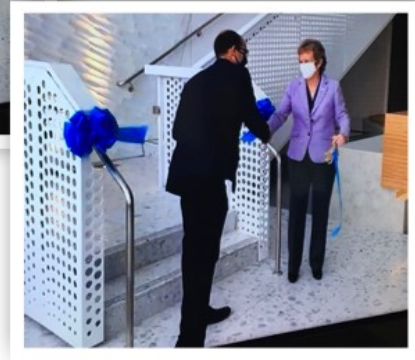
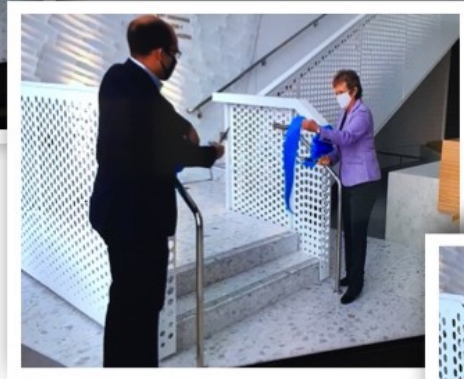
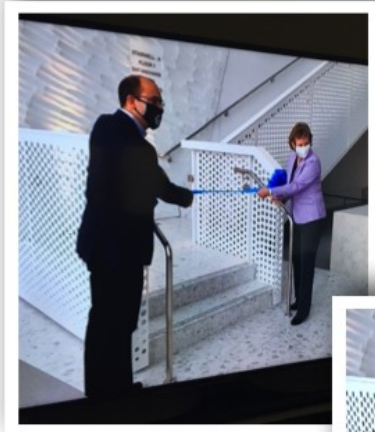


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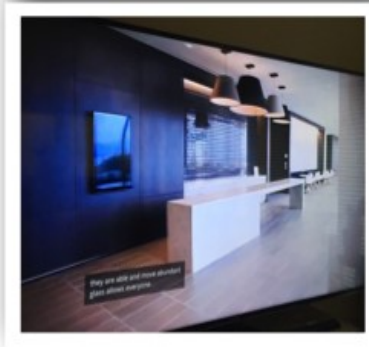
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APTA celebrates Founder's Day. 100 Years from the establishment of the association at Keen's Chop House in New York City on January 15, 1921 to APTA's Centennial Center's Ribbon Cutting on January 15, 2021.



APTA's CEO Justin Moore, PT, DPT and President Sharon Dunn welcome dignitaries to the Centennial Center for the Ribbon Cutting on January 15,2021. The Mayor of Alexandria, Justin Wilson, assisted Dr. Dunn in the ceremony.

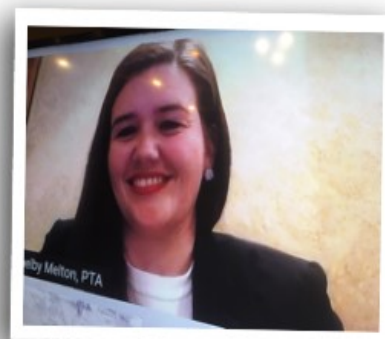
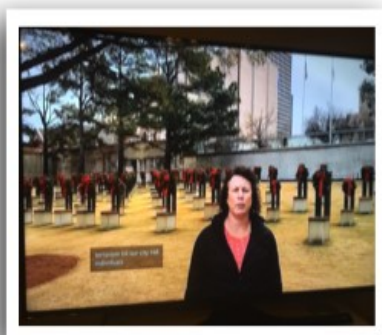
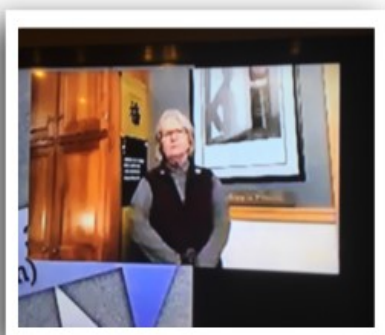
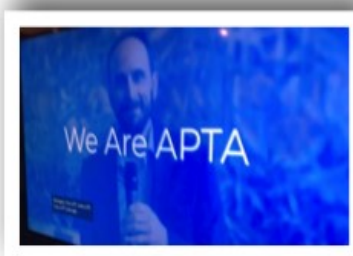
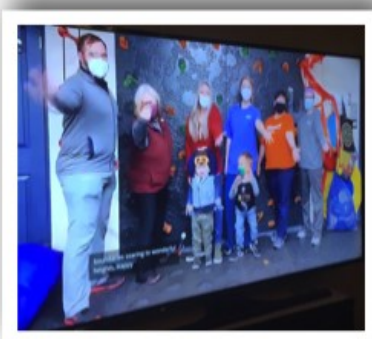
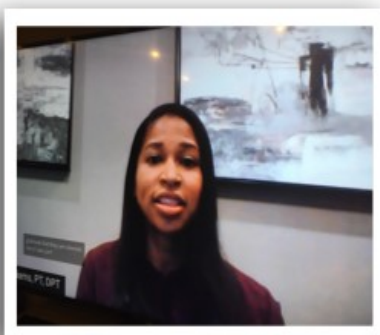
APTA's Centennial Center—beautiful inside and outside.
New Address: 3030 Potomac Avenue, Suite 100,
Alexandria, VA 22305



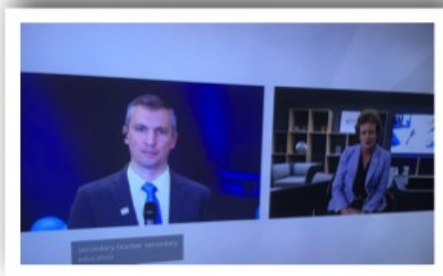
Bette Horstman, our
own Prime Timer,
celebrated Founder's

Day by sharing remarks. Bette was a founding
member of the Geriatrics Section.

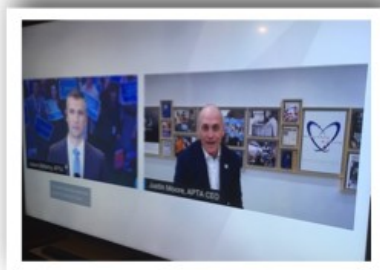
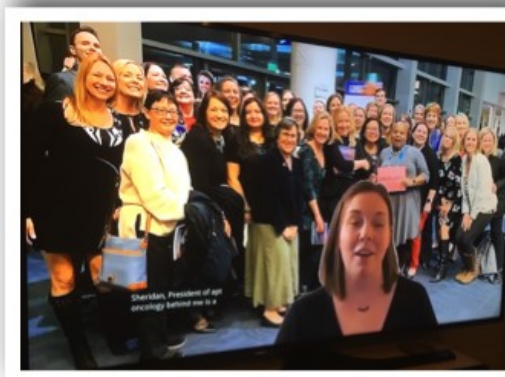




Great Evening Celebration—with everybody represented. A few examples: Academy of Physical Therapy Education; Texas Centennial Scholar; Board of Directors; Texas Chapter; Academy of Pediatric Physical Therapy, Oklahoma Chapter; and the PTA Centennial Scholar.



And, more examples from Founder's Day—the evening celebration.



APTA Centennial Mosaic
Continuing until Feb. 28, 2021 or the mosaic is full with 20,000 photos

Upload Your Photo Today! | Show your pride in the profession and help us celebrate APTA's 100th birthday by adding your photo and a personal anecdote to the [APTA Centennial Mosaic](#). Then take a moment to browse the mosaic, become inspired, and share to your social media pages. The virtual mosaic will be open for photo submissions through APTA's CSM annual meeting, closing at the end of February, 2021 – or until we get to 20,000 photos.

Search for Prime Timers who have placed a picture and message on the mosaic. Hurry to get your picture on the mosaic!

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Prime Timers Newsletter Information: Prime Timers News/Updates should be forwarded to **Venita Lovelace-Chandler. Send news and stories.**



From the previous newsletter, but warrants repeating.

Virginia Metcalf recently wrote that she has been re-reading Wendy Murphy's book, *Healing the Generations*. She noted that Marguerite Sanderson was at the docks in New York seeing the Reconstruction Aides off, and she said to them to stay warm, get lots of sleep, and **DON'T FORGET TO WEAR YOUR MASKS.** The Aides had been issued face masks because of the flu epidemic and the close quarters on board the ship. Thank you Virginia for reminding us of that history.



Please take care of yourself. Wear a mask. Wash your hands. We need YOU.

Hope the vaccine is available to each and every one of you very soon.

Physical Therapist Assistants and Physical Therapists: You are

Invited to Join the Prime Timers Or Invite a PT/PTA Friend to Join!

*Print and mail **this form with a check to join** Prime Timers or to renew your membership. If your dues were due at the time of the NEXT meeting, send them now!!*

It's Time To Join!

Name_____

Address_____

City_____ **State/Zip**_____

Email address_____

Phones)_____

APTA membership number_____

Birthdate_____

Please complete this form. Mail check **payable to Prime Timers** with \$10 ANNUAL membership OR \$125.00 Life Member payment. [Checks or cash] to: Fran Kern, 17328 Ventura Blvd. #242, Encino, CA 91316

HAVE YOU SENT YOUR 2021 DUES?

Do you need the newsletter printed off and mailed to you?
Yes ____

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Please send the names of anyone who might need the newsletter printed and mailed.