

PRIME TIMERS NEWS:

Winter Edition—February, 2018

PRESIDENT'S MESSAGE

February, 2018

We have a little catching up to do with this message. Next 2017 was a great one with some very thought provoking and amazing looks at the future for physical therapy and the opportunity to honor/recognize many of our members for their contributions to our field. The pictorial word display of several special lectures tell the story. For me, it is sad that more people do not attend this meeting.



Time passes quickly and we are all very involved in a multitude of activities as individuals. Unfortunately, our Vice President Dottie Nelson found it necessary to resign for personal reasons, and we thank her for very much for her service. In addition, since NEXT 2017 as a country, we have lived through several disaster including terrible flooding, tornados, fierce fires, terror attacks, a mass shooting and heavy snow storms. For many, it will be years before they recover from the damage, and for some, there must be a new beginning. We also grieve for those lost as a result of these disasters. Last but not least, we sadly lost a number of our members who we will surely miss seeing and visiting with at future meetings. Several tributes will be included in the next edition of the newsletter. There were joyous occasions and good times with friends too during the Thanksgiving, the 2017 holiday season, Mardi Gras and Valentines Day.

For patients of physical therapists, there was some good news last week. After about 20 years of work by many physical therapy practitioners and our patients trying to eliminate the cap on services, members of Congress passed a permanent solution to the problem. Other items in the deal are health policies that will affect a variety

(Neva's message continues on pg 2)

Pictured:
Neva Greenwald, President

PT PRIME TIMERS

Pre-CSM, 2018

Hope you are coming to
APTA's CSM Meeting:
February 21-24, 2017, New Orleans, LA

See photos from Transforming Society Through Generational Leadership: Prime Timers and life in retirement. Presented at NEXT 2017 by Linda Eargle, PT, DPT and Roy Christopher Junkins, PTA, MS. Representing the Prime Timers so well!

Prime Timers luncheon will be on Friday, February 23. Watch for the location announcement at CSM. Looking forward to seeing YOU.

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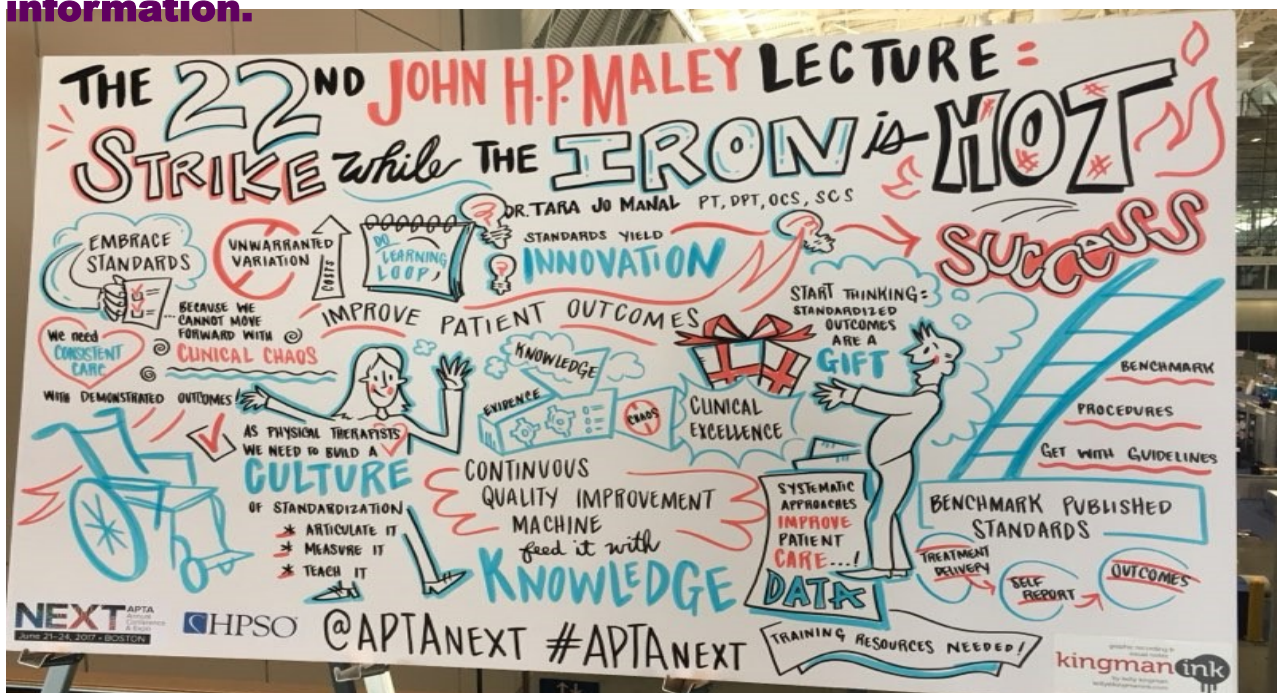
of consumers and providers, and extension of the home rural add-on rates are included as part of the budget. With the good news, there are some new issues that affect patients and the providers of service to address: the targeted medical review has been lowered and services provided by Physical Therapist Assistants are to be reimbursed at a lower rate. More information will be available when the rule making process begins.

Recently, our group received some wonderful recognition through two activities. First, during NEXT 2017, Linda Eargle and Roy Christopher Junkins presented a very interesting program on the professional leadership and community service pursuits being undertaken by our retired members. Second, Faith Goldman wrote a personal perspective on the history of Prime Timers. In the article, she defined the membership categories and the many activities undertaken by members during the 30 years of our existence. She related how the group has kept her in the "profession loop and opens new doors for her". It was published in the latest edition of "Gerinotes", a publication of the Academy of Geriatric Physical Therapy. Both the presentation and article were excellent tributes to Prime Timers. See the pictures of the NEXT 2017 presentation in this month's photo gallery on page

We look forward to seeing many of you at CSM 2018 in New Orleans next week. It promises to be the largest gathering of Physical Therapy Practitioners for educational meetings and will include a huge exhibit area. Stop by to see us in the Exhibit Area within the APTA Group and look for information on our Friday luncheon event.

Neva

Graphic Recording of Maley Lecture. See next page for more information.

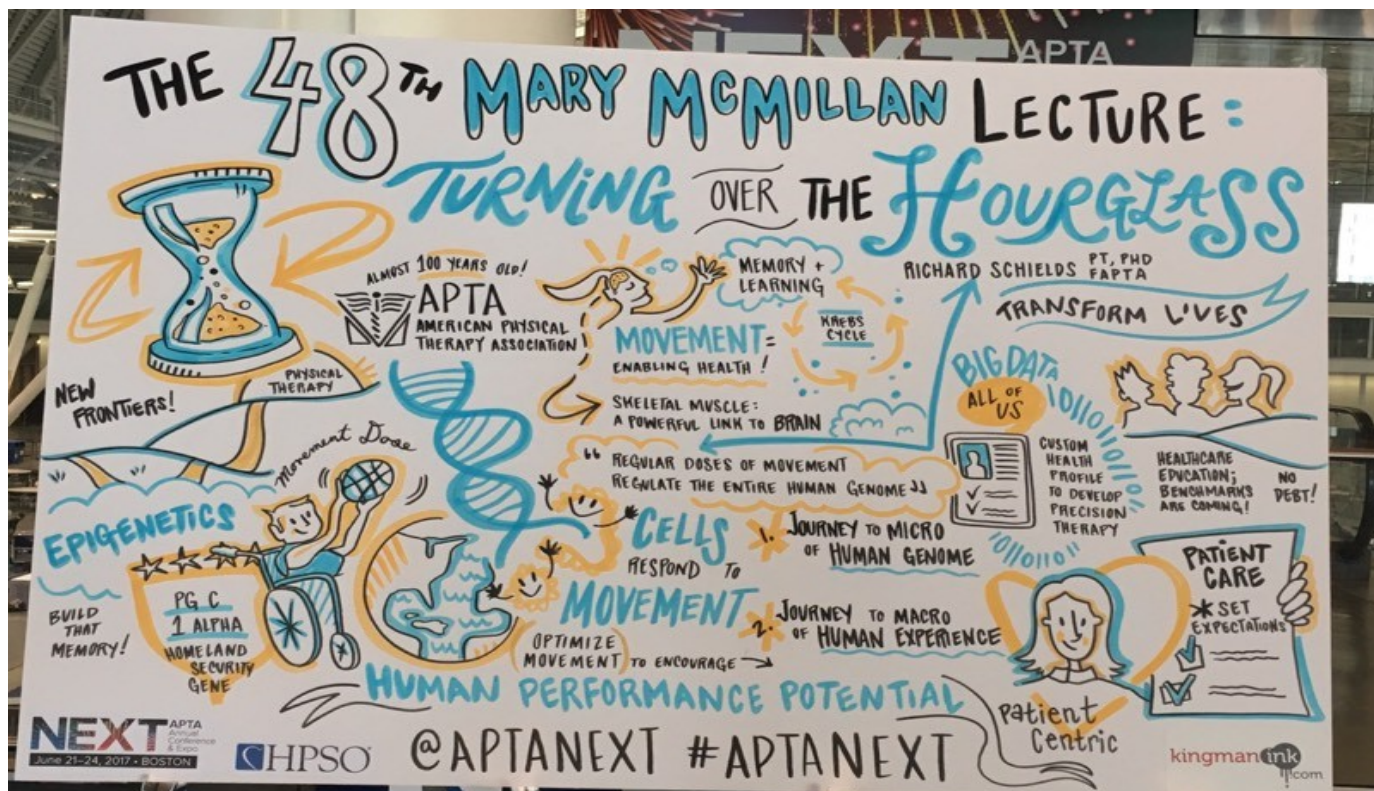


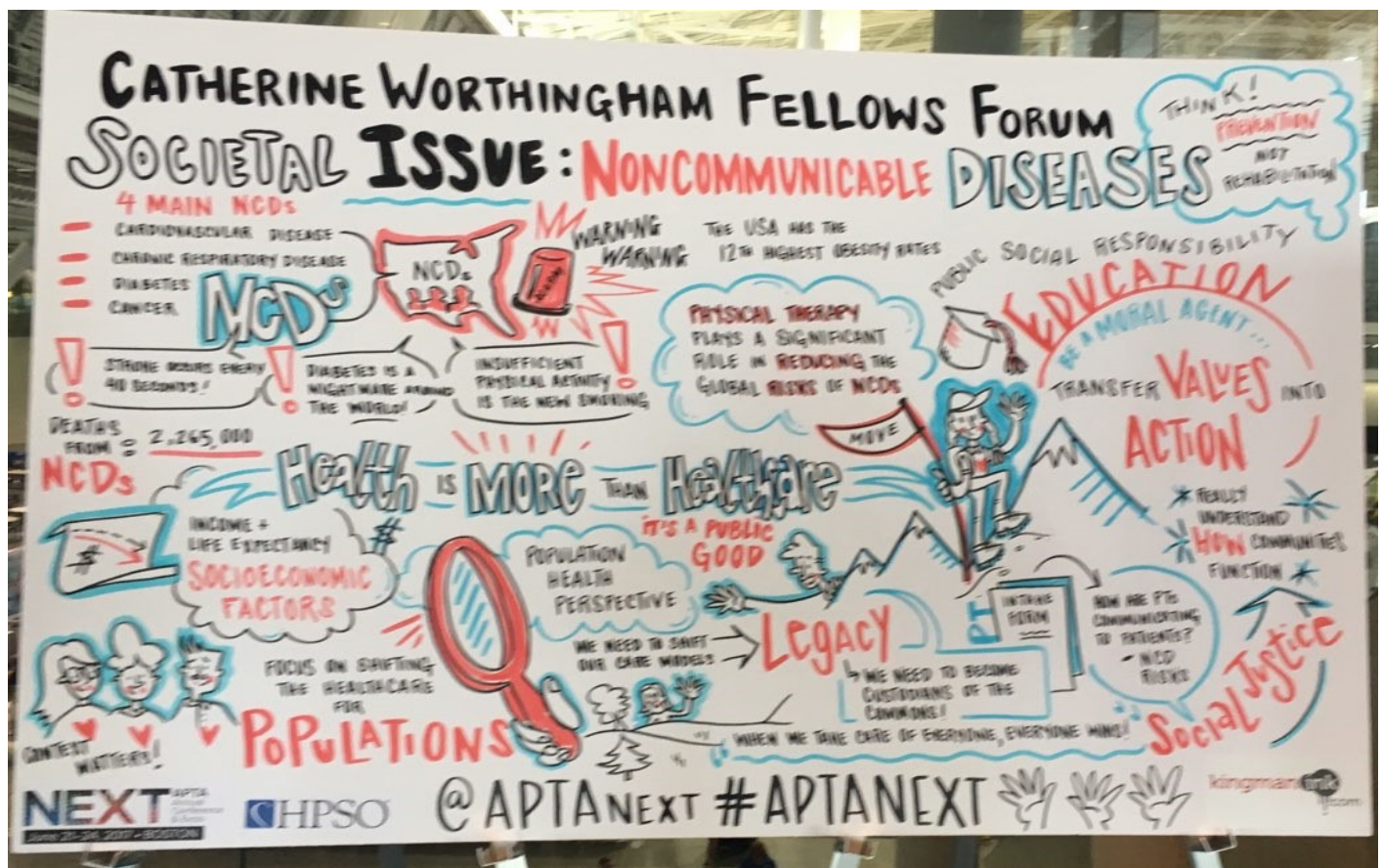
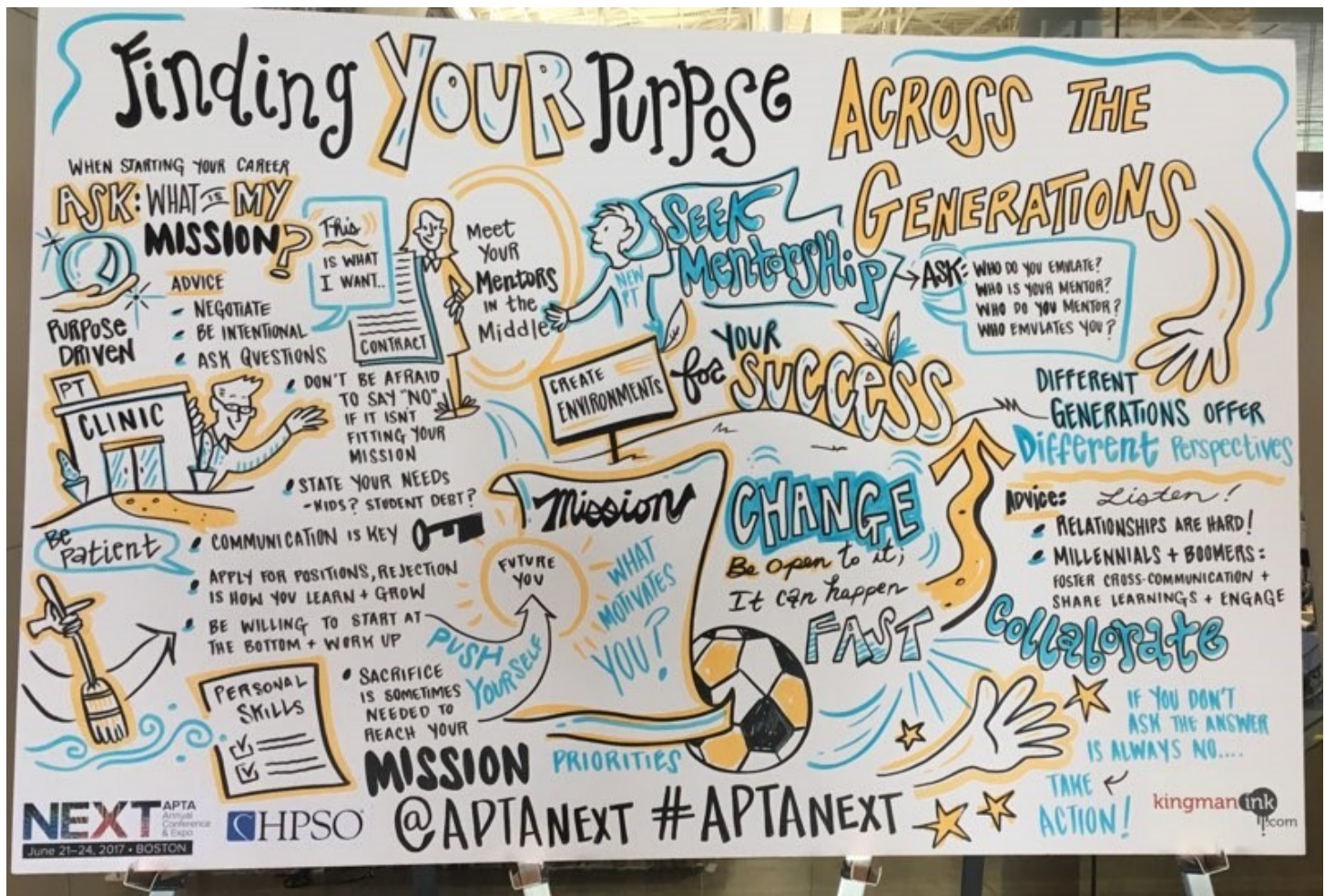
Graphic Recording—is also called notesketching, sketchnoting, reflective graphics, graphic listening. The process involves capturing people's ideas and expressions—in words, images and color—as they are being spoken in the moment.

The recorder illustrates ideas – the process of drawing an idea out by hand with images, words, and diagrams both to analyze that idea in a visual (rather than just verbal) way and also to better remember that idea in the future. When a recorder works in large format, a record of the proceedings is visible for all to see. This documentation created by recorders serves as the group memory and allows the work to be shared with others as a framework and guide. I was first aware of APTA using a graphic recorder at PASS—Physical Therapy and Society Summit. You can go to <http://www.apta.org/PASS/GraphicRecordings/> to see the graphic recordings from that meeting in 2009.

A graphic recorder was at NEXT 2017, and Neva captured these photos of the work. You could read the lectures and compare them to the drawings to get both written and visual perspectives and decide if this style enhances your understanding and memory. Or, try to make your own graphic recording at a presentation or talk. One suggestion is to have a group make a graphic recording and then compare what each person highlights which can lead to good conversations and perhaps, better group decisions. Simple instructions say: Listen, listen, listen, observe everything, draw, draw, draw, communicate ideas. Any of these tasks might be good for keeping our brains working!!

Graphic Recording for 2017 McMillan Lecture





**Physical Therapist Assistants and Physical Therapists: You are
Invited to Join the Prime Timers Or Invite a PT/PTA Friend to Join!**

*Print and mail **this form with a check to join** Prime Timers or to renew
your membership.*

It's Time To Join!

Name.....

Address.....

City.....

State/ Zip.....

Email address.....

Phones).....

APTA membership number.....

Birthdate.....

Please complete this form. Mail check **payable to Prime
Timers** with \$10 ANNUAL membership OR

\$125.00 Life Member payment. [Checks only please] to:

Fran Kern

17328 Ventura Blvd. # 242

Encino CA 91316-3904

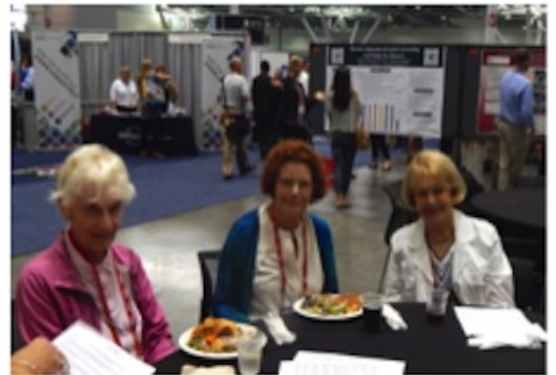
HAVE YOU SENT YOUR DUES FOR 2018?



Prime Timers luncheon
and Meeting at NEXT
June, 2017

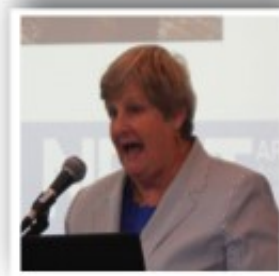


Join the Luncheon &
Meeting at CSM on
Friday, February 23





Thanks to Linda Eargle, PT, DPT & Roy Christopher Junkins, PTA, MS for the presentation at NEXT





Having
FUN at
NEXT



Networking with
colleagues!!



Catching up on news at
the Prime Timers Booth.





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Prime Timers News Information

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Next Edition of the Newsletter in the Summer after NEXT. Send news by July 15 since conference is so late in June.

Regular submission Deadlines: July 1st, October 1st;

Publication Dates: Approximately 30 days later. Special

Editions are possible if you send news, pictures and stories!



Sometimes it takes a Village by Faith Beckerman Goldman

As guests were getting settled in their chairs, music from the movie EMPIRE OF THE SUN was playing. It's music that brings many emotions for my daughter, Naomi, and I. This 1987 Steven Spielberg movie was about a 7 year old British boy interned in a camp in Shanghai during World War 11. It was that reality movie that brought my late , Robert, to tears and to finally open up about his past in Shanghai - almost like this young boy, Jim Ballard. With great sadness, Robert died at the young age of 54 in 1994 with most of his memories still within.

My 20 year project called Slow Boat From and To China took a different route at Temple Menorah Rosenberg Cultural Center in Redondo Beach, Ca. on August 30, 2017. I was honored to present about Shanghai during World War 11: specifically the life of my late husband Robert Goldman, born and raised in Shanghai 1940-1958. The three hour presentation went from viewing storyboards about my journey as an inexperienced researcher and interviewer to finding the missing pieces of my husband's life to the showing of a documentary ARK SHANGHAI in which my son and I have a cameo shot.

At lunchtime, the air was filled with the aroma of sesame oil, noodles, chicken and stir fry vegetables. Oodles of fortune cookies, though not an original from China, were centered on the tables.

In the last 20 years, I was privileged to search the archives of major NYC Institutions - HIAS, YIVO, THE JOINT, AND THE LEO BAECK INSTITUTE , the USHMM in Washington, and in our own back yard at the Museum of Tolerance in Los Angeles. Here I was exposed and enlightened to facts, figures, and pictures. But my greatest personal finds were the interviews from over 30 Shanghailanders in person, or on tape recorders. The highlight was then traveling to Shanghai with several of Robert's classmates, one of whom was in Shanghai through 1953. The most influential and informative of those "new" old friends was Fredy K. Seidel. I had met him in NYC as a new bride in 1967. Robert and I ate his Mother's Russian borscht and I watched these two guys "kvelling over " stamps from their past speaking fast in multiple languages. Time stood still. We lost contact but after a long period of searching, I re-found Fredy in 2000 via that wonderful magic box called the computer.

In 2006 I traveled with the Rickshaw Reunion to Shanghai to walk in the shoes on my Shanghai Wonder. My son Sam, then stationed in South Korea with the U. S. Army, took this emotional path with me. Prior to the trip, I befriended a free lance writer Adam Minter who was based in Shanghai and a marvelous photographer Ritsu who also knew the older language of Shanghainese. We found 4 different residences, 4 of the 5 schools, 2 synagogues, but the biggest find was finding his next door neighbor, Ye Cuier, in the very home Robert and his

(con't on next page)

Sometimes it takes a Village (Continued)

Father lived from 1948 to 1958. For one day, I went off course and became a detective looking for one special home - 146 Kingchow Road. This street was a little outside of the Hongkou Ghetto where 18,000 Jewish refugees lived after fleeing at the heels of Hitler. Most came to this only open port from 1937-1941. Amidst the crumbling partially demolished homes being raised for tall buildings, there it was! The red door calling to us. "It was almost as if this home and resident were waiting for you", said Adam. Ye Cuier, her husband, and two children had moved into this Goldman residence from 1958 till now - but her husband had passed and the children lived elsewhere. After spending several hours with this little Momma, I promised to come back the next day with my son, Fredy Seidel, my room-mate Audrey Marcus, and a very accomplished guide Dvir Bar- Gal, an Israeli, who has been in Shanghai for years. I broke down in tears after we left in disbelief that this miracle actually happened.

Our reception the next day was like our own reunion! Her children and their spouses, the old neighbors who also knew the Goldmans, and us. You almost didn't need a translator - I showed them pictures from then and now. Ms. Cuier had arranged to have a beautiful arm chair brought in as she saw I walked with a heavy duty cane, they gave us bananas, foil covered chocolates, and boxed cookies. My son brought the little Momma a beautiful bouquet of flowers bringing a smile to her face. Two weeks after we left Shanghai, this little home at 146 Kingchow Road was demolished! The Yiddish word B' Sheret means meant to be - couldn't be more true.

When I returned to Los Angeles and to this very date, I have found, met, interviewed, spoken with 8 of Robert's friends that stayed until 1958. Many were Russian and some were Eurasian. They all have been able to give us the missing pieces - I learned and shared hobbies, activities, personality stories, and education. Dancing skills, soccer games, stamp collecting, playing hooky. And these friends have been reunited with each other - all except 2 who passed away. One of the saddest facts I learned is that no one ever visited his home or knew his Father who was very antisocial. Nevertheless Robert pulled up his bootstraps and grew up probably too soon.

At Temple, the audience who packed this small room, were very engaged in this presentation as many had lost relatives in the Holocaust. And most did not know of the Shanghai Jews. We did discuss present day worldly refugee issues. In order to understand the present you need to know your past. It was quite an honor to share "our" story.

For further information, I can be reached at faithnamdlog@aol.com. Many thanks to the Rosenberg Center. Thank you, Faith Beckerman Goldman

We continue to offer a special thanks to **Faith Goldman** who prints and mails the newsletter to at least 12 Prime Timers members who do not receive the newsletter electronically. Another example of a Service Hero.

She also promises to keep sending us interesting stories.

Come volunteer in the booth at CSM and NEXT. Prime Timers volunteers are always needed.



So grateful to receive the Lucy Blair Service Award

Editor Note: Regrets that we did not have a Fall Newsletter. Our oldest daughter required 3 surgeries, so we lived in Indiana for several months. She is well now and we did enjoy the grandgirls very much. But I got behind. Then Ben and I caught that awful flu and were ill for many weeks. Will try to do better in 2018. Need your news for the best newsletter.
(Venita, Editor)

Prime Timers— 30 Years Old and Still Going

MEMBERS CHECK'N IN!

Still looking for news about you. What have you read lately? Who have you spent time with? Do you have pictures to share? Any photos from recent trips?

Also, send any historical documents that you have. As we build to the 100th anniversary of the APTA in 2021, I want to include as much history from members as we can over the next few years. As always, we want your news and pictures

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