

PRIME TIMERS NEWS

PRESIDENT'S MESSAGE

March, 2017

It was wonderful seeing so many colleagues at the San Antonio CSM2017. Attendance at the meeting was the largest ever, with attendance over 14,000 including exhibitors. The programming was outstanding and the exhibitors had a huge variety of items for physical therapy practitioners in every type of setting.

In the exhibit hall, we had a striking beautiful new booth area in an excellent location. A big thank you to APTA. A photo of the new backdrop is in this issue's collage. The exhibit was quite busy and volunteers at our booth spoke to many attendees. We renewed membership and increased our membership by 49. A Huge THANK YOU to Bette Horstman for the many hours spent greeting attendees, helping to sign up new members, and offering advice/ hugs.

We recognized the long APTA memberships and service of two members, Betty Horstman and Geneva Johnson. Both regularly attend the two national meetings annually and have been a part of the profession since the 1940s. They are wonderful role models and leaders for all of us as they continue to actively contribute ideas and knowledge in the 90th decade of life. As a part of honoring their meeting attendance, service and commitment to the profession, we collected donations for the Foundation for Physical Therapy.

At this meeting, two officers and a newsletter chair were selected for the next two years: Neva Greenwald, President; Linda Eargle, Secretary; and Venita Lovelace Chandler, Newsletter Editor. Two officers, Dottie Nelson, Vice President, and Fran Kern, Treasurer, are completing the second year of their terms in their respective offices.

Happy Spring

Neva

Neva Greenwald, President



PT PRIME TIMERS

SPRING 2017

Come to Boston MA for APTA's Annual Meeting—NEXT June 21-24, 2017. Prime Timers luncheon will probably be in the Exhibit Hall on Friday, but information will be forthcoming in a newsletter in early June.

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Prime Timers Meeting
San Antonio Convention Center
San Antonio, Texas
Honoring the Past and Anticipating the Future
February 17, 2017

Meeting called to order **at 12:07**

Officers Present: Neva F. Greenwald, President, Dottie Nelson, Vice President, Venita Lovelace-Chandler, Acting Secretary

Adoption of the Agenda: The President asked that the agenda be adopted—all present agreed. She ensured that all attendees knew one another.

President's Report: Neva noted that she and Bette had been staffing the Prime Timers booth and greeting new members. The new backdrop is being well received, and she thanked APTA for support. She reported that the Prime Timers have a presentation at NEXT, and she asked Linda to share the details. Prime Timers will be on a panel with other persons to examine practice and service across the professional lifespan. Linda is requesting pictures to reflect how PTs and PTAs in retirement still engage in professional activities. A PTA will be speaking on the panel too. Neva reported that donations had been collected at the booth during CSM, and those donations had been given to the Foundation in honor of Bette's and Geneva's birthdays.

Secretarial Report: Venita thanked others who took the minutes during 2016 and indicated she would take the minutes today before the new secretary was elected.

Treasurer's Report: Neva reported for the Treasurer that the bank account had been changed, but we still need a second signature on record. She shared that Fran Kern's husband had passed away very recently, and Fran has not been able to complete the signature process.

Membership Report: As of CSM in 2016, we had 263 members. Beth indicated that she may not be on the listserve. Neva will check on that.

Newsletter Report: Venita asked for ideas and attendees suggested writing move about retirement news, consider an article on pet-assisted health, APTA Centennial information, and continuing with obituaries.

Old Business: Attendees asked about the possibility of 'give aways' at the booth. Neva shared that we had the flashlights but nothing else has yet been planned. One person asked

(Minutes continued on the next page.)

Minutes from Prime Timers Meeting, February 17, 2017 **Continued.**

Old Business (continued):

if renewal notices are sent to members. Neva shared that people are generally expected to renew at the national meeting or by mailing payment annually. Other people stated that they were uncertain if they were annual or lifetime members. Venita indicated that she would try to list lifetime members in an upcoming newsletter. A question was asked about ribbons for Prime Timers. Neva thought that was a possibility. People seem to be happy with luncheon meeting in the exhibit Hall at NEXT where food is included, but they would like to go to a restaurant at CSM where people have to purchase lunch.

New Business:

Election of President and Secretary: Bette, on behalf of the Nominating Committee asked that Neva be elected as President unanimously and that Linda Eargle be elected as Secretary unanimously. All attendees agreed.

Plans for NEXT, Boston, 2017: Neva reminded about the Prime Timers panel presentation and the meeting. Venita indicated that Linda will be completing her term on the APTA's Nominating Committee and will be honored at NEXT.

Neva congratulated Venita on receiving the Education Section's Educational Leadership Award at this meeting.

Reminder of Next in Boston in June and CSM in New Orleans in 2018.
Meeting adjourned at 12:54



Prime Timers Presentation on Thursday at NEXT!!

Transforming Society Through Generational Leadership: Join this multigenerational deep dive into 3 provocative topics: developing an early career community, personal and association leadership development, and transforming society while volunteering in retirement. the Prime Timers Presentation. See Photos-Needed request on Page 11.



Remembering Friends:

As reported in the Summer 2016 issue of Prime Timers News, Margaret Moore, PT, EdD, FAPTA, died on June 15 in Chapel Hill at the age of 94. Anne Pascasio was so kind to offer to send some thoughts on Margaret. Here are Anne's words:

Margaret Moore was a longtime leader in physical therapy. She was known for her work in electrotherapy with Dr. Frances Hellebrandt. She was an administrator, the first person to develop a contract for use between an academic program and a clinical facility (for purposes of clinical education). She was an elected officer of the APTA. And she was a hostess – a top notch hostess. Margaret hosted many parties while at the University of North Carolina at Chapel Hill. She continued to host many a part after retirement while living in the life care retirement community to which she moved.

I knew her skills as a hostess best, however from when I visited her at her cottage in Topsail Beach. One particular time stands out in my memory. I was sitting in the kitchen, picking crab and awaiting lunch. Margaret also had invited a woman who had formerly lived in western Pennsylvania. A little bit into the conversation that woman said to me, "It's a long shot but you might know my brother who is a physician in Washington, PA." When she gave me his name, I just grinned. Her brother was the pathologist in charge of the laboratories at Washington Hospital. And one by one, he was sending his medical technologists to our school (at Pitt) for a master's degree in our Leadership Education Administration Development (LEAD) track. Each one of them received some advanced clinical studies, but they also learned to be a teacher or an administrator.

What a special afternoon that turned out to be. And what a wonderful conversation we all had. I have never forgotten it nor will I ever forget.

Anne Pascasio



Remembering Friends:

Jane K.Okubo, PT, DPT

Jane K Okubo was born on July 18,1944 in the Amache relocation camp near Grenada, CO. Her family, who were relocated from the Los Angeles area of California, resettled in Denver, CO after World War II. After graduating from high school, Jane graduated from the PT program at Children's Hospital, now Chapman University, in the Los Angeles area. She practiced as a PT in California, Massachusetts, Florida, and South Carolina. Jane attained her DPT from A.T. Stills in Mesa, AZ in 2013.



Jane was active in APTA and in every chapter of which she was a member. In Florida, she was involved in the Southeast district. When she moved to South Carolina, she served as the first legislative chair and was instrumental in obtaining a professional lobbyist for the chapter. Prior to that time, she was the legislative affairs chairperson and personally went to the state capital to manually follow legislation which impacted physical therapy. Jane was very active as an advocate for physical therapy both locally and nationally. She corresponded frequently with her local congressman and senators.



She served as a delegate and Chief Delegate in South Carolina until she moved to California. In California, she served as the Northeast District chair, frequent delegate to the California assembly and the APTA House of Delegates. She served APTA on committees like Minority Affairs and Women initiatives at the national level. Jane was the first long running chair of the Academy of Geriatric PT committee to promote minority members for leadership positions and recognize research posters at APTA that included older adults who were of a minority.

(Continued on next page)

Authors: Nicole Taniguchi, PT, GCS, and Linda K Eargle, PT, DPT, MInEd, and Certified Exercise Expert for Aging Adults.



Jane had a smile and kind word to everyone she met and she knew no strangers. She inspired many new professionals and experienced clinicians. She was a vibrant member of the APTA Prime Timers group. Even when she was not well, she would produce a big smile and welcome others to an APTA event or to the church. At every Geriatric breakfast for the newly certified Geriatric Specialists, Jane would introduce herself and encourage the new recipients to get involved in leadership.

Jane valued every person every day, particularly those who were underrepresented and/or underserved. She made an effort to get to know those with whom she came in contact. She loved to travel. She attended World Confederation for Physical Therapists in Japan, The Netherlands, Singapore and the U. S. She and Nicole spent a week in Japan after the 2015 Singapore conference. The visit to Hiroshima was a highlight for Jane. She annually went to all APTA annual and Combined Sections Meeting Conferences around the US rooming with Nicole and Linda. For the last decade or so she would also spend the weekend before Memorial Day weekend on a pilgrimage to her birthplace from Denver to Amache.

Jane was fervent in her social ministry both at St John's Lutheran church in Sacramento, CA and the Lutheran church's Pacific Synod. She walked and donated each year to the CROP walks and she was a member of the Racial and Ethnic Mission Strategies Discipling Team. She presented several workshops to raise awareness to the uniqueness of those of minority origin. She collaborated with Congregations of Color, Multicultural Ministry and Anti-Racism. She volunteered at Safe Grounds and other social ministry outreach programs representing St John's. In 2015, St John's dedicated a Peace Pole and Garden on their property to Jane and two other members of the congregation who lead the church in social ministry.

Jane moved to Alaska to be with her daughter, Nicole, in November 2015, after her diagnosis of pancreatic cancer in August 2015. She finished her years of service and physical therapy as a volunteer at the Alaska Native Medical Center in Anchorage. She reported that she enjoyed getting to know the patients and helping as needed. Jane passed away from pancreatic cancer on Christmas Eve 2016. She will be missed in both the community, physical therapists and physical therapist assistants, Japanese American Citizens League and ELCA Sierra Pacific Synod.

Rest in Peace Jane, your spirit lives in those you touched and inspired. Love you very much.



Physical Therapist Assistants and Physical Therapists: You are Invited to Join the Prime Timers!

*Print and mail **this form with a check to join** Prime Timers or to renew your membership if you have not already done so for 2017.*

It's Time To Join!

Name.....

Address.....

City.....

State/ Zip.....

Email address.....

Phones).....

APTA membership number.....

Birthdate.....

Please complete this form. Mail check **payable to Prime Timers** with \$10 ANNUAL membership OR

\$125.00 Life Member payment. [Checks only please] **to:**

Fran Kern

17328 Ventura Blvd. # 242

Encino CA 91316-3904

Previous issues had errors in Fran's address. My sincere apologies. If you had mailed something to Fran and had it returned, please try again with this corrected address.
vlc

HAVE YOU SENT YOUR DUES FOR 2017?



A few more CSM photos. Welcome to members who are returning, new, or joining as friends.



New Category of Membership

Bette and Neva made the booth so popular that several young APTA members decided to join as **FRIENDS OF PRIME TIMERS**. Katie Mitchell is one such new FRIEND. (Photo center, bottom row page 2.) She is a faculty member at TWU.



HAPPY SPRING!!!

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Prime Timer presentation at NEXT on Thursday. See Linda Eargle's request for photos on the page 11. She needs photos and information on your volunteer activities in retirement. Hopefully, your info will be shared in a future newsletter too.



April 12th deadline for volunteers for the **APTA Centennial Steering Committee**. Info at <http://www.apta.org/VolunteerGroups/APTACentennialSteering/>

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Prime Timers News Information

Prime Timers News updates should be forwarded to

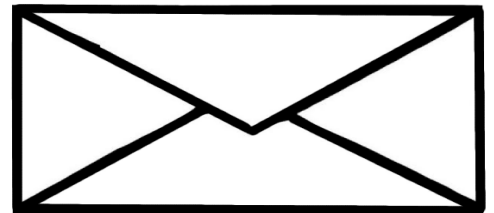
Venita Lovelace-Chandler

Next Edition of the Newsletter Prior to NEXT.

Send news by May 10.

Regular submission Deadlines: July 15, October 1; December 31. Publication Dates: Approximately 30 days later.

Newsletter



Request for Photos of YOU in your volunteering roles.

For the Prime Timers presentation at NEXT, Linda Eargle asks that you send photos of your activities as volunteers in the community or in PT areas. Send her photos and a brief description of what volunteer activities fill your time. She'll use your photos as part of a slide show for the presentation.

Please send ASAP. Linda's address is on page 10.



I was very honored to receive the Education Section's Educational Leadership Award at CSM. Neva said I should share my news, but I really need your news to share too!!!

Next issue—more on the event where Jane Sweeney and Virginia Metcalf were honored, as promised.

Prime Timers— 30 Years Old and Still Going

MEMBERS CHECK IN!

Did you serve in the military as a physical therapist? Do you have pictures to share? Also, send any historical documents that you have. As we build to the 100th anniversary of the APTA in 2021, I want to include as much history from members as we can over the next few years. As always, we want your current news and pictures too.

This newsletter is for each and every Prime Timer.

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